**[Planning for Complete Communities in Delaware: The Low-Stress Bikeability Assessment Tool](https://sites.udel.edu/completecommunities/files/2016/02/BikeabilityAssessmentTool-1bzjl3y.pdf)**

IPA's new resource [tool](https://sites.udel.edu/completecommunities/files/2016/02/BikeabilityAssessmentTool-1bzjl3y.pdf) is designed to guide local governments in evaluating the extent to which average bicycle riders can easily access low-stress areas and in developing strategies local cycling networks and bicycle infrastructure. The downloadable document can be found online within the [Low-Stress Bikeability](http://www.completecommunitiesde.org/planning/complete-streets/low-stress-bike/) section of the [*Delaware Complete Communities Planning Toolbox.*](http://www.completecommunitiesde.org/)

The Low-Stress Bicycling Assessment Tool and three-step process are designed for use in a facilitated workshop setting to engage stakeholders consisting of diverse community representatives. To prepare workshop participants for an in-field assessment, IPA has prepared a narrated presentation entitled, “Conducting a Low-Stress Bikeability Assessment: An Overview of What to Look for.” This presentation is available in the following formats:

* [Narrated Video Available for Download (.mp4)](https://drive.google.com/file/d/0B8mS0rIwB17_YU96QnFHUlBON28/view?usp=sharing" \t "_blank)
* [Narrated Video Available for Steaming from YouTube](https://youtu.be/pBmOFsdio_8%22%20%5Ct%20%22_blank)